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2026 SEASON

# The Canadian Rockies

13 DAYS FROM VANCOUVER TO VANCOUVER

**Tour:** 8900

Spectacular national parks and scenic drives highlight this wonderful Canadian Rockies tour that travels to Vancouver, Kelowna, Banff National Park, Jasper National Park, Sun Peaks, Whistler, and Victoria. Begin in vibrant Vancouver where city sightseeing includes Stanley Park, historic Gastown, bustling Chinatown and more. Then journey to Kelowna, attractively set on the shores of Okanagan Lake and surrounded by orchards and vineyards. Climb Rogers Pass in Glacier National Park then enter Yoho National Park and ascend Kicking Horse Pass before arriving in magnificent Banff National Park—Canada’s first national park. Have free time to hike, bike, enjoy the natural hot springs or get breathtaking views from above on an optional helicopter excursion. Stop to see the gorgeous turquoise waters of Lake Louise then travel to Icefields Parkway to ride the Ice Explorer on the Columbia Icefield, the largest expanse of ice in the Canadian Rockies. Arrive in the vast wilderness and wildlife of Jasper National Park—home to elk, bighorn sheep, moose, and bear! Enjoy free time for independent exploration or go on optional excursions like floating down the Athabasca River and visiting Maligne Lake’s Spirit Island. See Mount Robson, the Canadian Rockies’ highest peak at 12,972 feet, en route to the mountain resort of Sun Peaks. Travel to the alpine town of Whistler, surrounded by stunning glaciated mountains where you can hike, explore the village, or take an optional excursion, like a Ziptrek Adventure through an old-growth rainforest. Continue to the Pacific Coast to sail across the Strait of Georgia for two nights in Victoria on Vancouver Island, complete with sightseeing and a visit to magnificent Butchart Gardens. Perhaps enjoy high tea at the Empress Hotel or take an optional Wildlife and Whale Watching Expedition before ferrying through the Gulf Islands back to Vancouver. For the value-minded traveler, this tour exploring the Canadian Rockies is an unforgettable vacation!

## All This. Included.

The world is within reach with everything you need for perfectly affordable touring. Cosmos includes hand-selected accommodations, guided sightseeing, and seamless transportation between destinations—with value-minded travel lovers in mind. Explore with expert Cosmos Tour Directors and Local Guides, and private, first-class, air-conditioned motorcoach with free Wi-Fi (where available). Enhance your free time to explore like a local with your CosmosGO mobile app!



Your Tour Includes:

- Guided city sightseeing in Vancouver
- Scenic drive through Yoho National Park and Glacier National Park
- Entrance fee to Banff National Park and Jasper National Park
- Orientation tours of Banff, Jasper, Whistler, and Victoria
- Tickets for the Icefields Explorer Experience at Columbia Icefields
- Admission to Butchart Gardens, Vancouver Island
- Ferry to/from Vancouver Island

13

DAYS

1

COUNTRY

 COUNTRIES

Canada



Day ~~1~~ Day

# Itinerary

.....

1 VANCOUVER

Welcome to Vancouver! Your Tour Director is on hand from 3-6:00 p.m. to answer any questions.

Once you get settled, perhaps head out and start exploring this vibrant, culturally diverse city nestled between the Pacific Ocean and the Coast Mountains. Take a walk to the harbourfront or check out the city's thriving culinary scene that offers a wide array of delicious cuisines.

## 2 **VANCOUVER**

This morning, enjoy an included city tour that highlights Stanley Park, Chinatown, the harbour, beaches, and more. Have the rest of the day to explore this vibrant city. Perhaps take a water taxi to Granville Island to visit its bustling Public Market and waterfront cafés or spend time in historic Gastown, Vancouver's oldest neighborhood, with its cobblestone streets, Victorian architecture, and iconic Gastown Steam Clock.

## 3 **VANCOUVER-KELOWNA**

Depart Vancouver and journey through British Columbia's fertile valleys and rich mountain forests to Okanagan Lake. Travel along the lake to the resort city of Kelowna, beautifully situated on the lake shore and surrounded by orchards and vineyards.

## 4 **KELOWNA-BANFF NATIONAL PARK**

Head north through the Okanagan Valley, famous for its peaches and vineyards, and climb up 4,364-foot-high Rogers Pass, a National Historic Site in Glacier National Park. Make a photo stop at the Pass to enjoy the vistas of rugged mountains, glaciers, and waterfalls. Enter Yoho National Park and ascend Kicking Horse Pass at 5,332 feet. Reach Banff National Park, Canada's first national park, nestled in the heart of the magnificent Canadian Rockies.

## 5 **BANFF NATIONAL PARK**

Take an orientation tour this morning and then enjoy the day exploring Banff, Canada's first national park and home to 53 species of mammals. The most commonly seen are deer, elk, and big horn sheep. Hike, shop in the townsite, or relax at the hot springs. Perhaps treat yourself to a once in a lifetime experience on an optional helicopter ride for spectacular views of the Canadian Rockies! Or if you prefer keeping your feet on the ground, join the Panoramas & Peaks\* optional excursion to see breathtaking Moraine Lake in the famed Valley of the Ten Peaks.

\*This optional excursion begins operating in early June.

## 6 **BANFF NATIONAL PARK-LAKE LOUISE-COLUMBIA ICEFIELD-JASPER NATIONAL ...**

First, to Lake Louise, its turquoise waters a perfect natural mirror that reflects the surrounding mountains and glaciers. Then travel northward, and see precipitous gorges, snowcapped summits, and lakes of exquisite blues and greens come into view. Stop for a one-of-a-kind experience at the Columbia Icefield to ride the Ice Explorer, an all-terrain vehicle that travels on ice measuring 750 feet thick! Enjoy an orientation tour of the town of Jasper upon arrival.

## 7 **JASPER NATIONAL PARK**

Today is free to enjoy everything Jasper has to offer—from quaint shops to meandering wildlife. Find serenity on the glacial blue waters of Maligne Lake this morning on an optional narrated cruise to Spirit Island\*, revealing the history, geology, flora, and fauna of the largest natural lake in the Canadian Rockies. Later, go with the flow on an optional scenic float trip down the Athabasca River.

\*This optional excursion begins operating in late May/early June.

While we include select excursions on your trip, you may wish to explore other options to enhance your free time. Below is a selection of excursions that may be available for purchase on your tour.

### **Athabasca River Float Trip**

Enjoy some of Jasper National Park's very best scenery from water level on this exciting rafting float trip along the Athabasca River!

2h 30m

Price Range: \$



## 8 **JASPER NATIONAL PARK-MOUNT ROBSON-SUN PEAKS**

Leave Jasper and follow the Fraser River to the base of Mount Robson, the highest mountain in the Canadian Rockies, peaking at 12,972 feet. Continue following the Yellowhead Highway south along the North Thompson River—a route pioneered by fur trappers. Overnight in the mountain resort village of Sun Peaks.

## 9 **SUN PEAKS-LILLOOET-WHISTLER**

Head south, following the once treacherous Cariboo Wagon Trail. Via Lillooet, "Mile 0 of the Gold Rush Route," your motorcoach will follow the shores of Seton and Duffey Lakes with a late-afternoon arrival in Whistler. Have an evening at leisure to start exploring this wonderful resort town with its stunning mountain scenery.

## 10 **WHISTLER**

Spend the day in Whistler, nestled at the base of breathtaking Blackcomb and Whistler Mountains. Have free time to explore the many sites of the 2010 Winter Olympics that were held here. Or have your own adventure with a choice of optional excursions, including a Ziptrek Adventure through an old-growth temperate rainforest, a guided Tree-Trek Canopy Walk via suspension bridges and boardwalks high above in the treetops, or ride the Guinness World Record holding Peak 2 Peak Gondola\* between Whistler and Blackcomb Mountains!

\*Operation of the Peak 2 Peak Gondola is seasonal and may not be available on all departure dates.

## 11 WHISTLER-FERRY CROSSING-VICTORIA

Set sail across the Strait of Georgia, known for its Mediterranean-type climate, for beautiful Victoria, the capital city of British Columbia. Afternoon sightseeing includes world-famous Butchart Gardens with its 55 acres of floral displays, and then a tour of the picturesque city featuring Bastion Square, Inner Harbour, and Thunderbird Park with its unusual collection of totem poles.

## 12 VICTORIA

A day at leisure gives you the chance to discover this splendid city. Visit the Royal British Columbia Museum, shop on Government Street, or take a leisurely stroll around the harbour. Or get back to nature on an optional Wildlife and Whale-Watching Expedition while cruising the pristine waters of the San Juan and Gulf Islands, seeking whales, porpoises, seals, and eagles.

While we include select excursions on your trip, you may wish to explore other options to enhance your free time. Below is a selection of excursions that may be available for purchase on your tour.

### **Malahat Skywalk**

Malahat SkyWalk is an accessible 600 m TreeWalk through a beautiful arbutus forest leading to a spectacular gentle spiral ramp that takes you up 32m to a sightseeing lookout offering views of Finlayson Arm, Saanich...

3h 0m

Price Range: \$



## 13 VICTORIA-FERRY CROSSING-VANCOUVER

Take a scenic ferry crossing to the mainland, where the tour ends at Vancouver International Airport. Please schedule flights after 2:00 pm. Or You may choose to extend your vacation with extra nights and explore Vancouver further.

# Notes

Early departures may not be able to visit Columbia Icefield which opens in early May, take the Maligne Lake & Spirit Island optional excursion which opens in late May to early June or take the Moraine Lake optional excursion which opens in early June. Visiting and participating in other activities in this region may be subject to favorable weather conditions and vendor dates of operation.

- Maximum elevation on tour: 7,500 ft.

Your Local Expert

## Tour Director

With Cosmos, there's no better way to get to know your destination than through the eyes of a Tour Director. We'd like you to meet one of our Tour Directors, who average over a decade of experience and are representative of the type of expert that will be with you on your vacation. Please note: This may not be your actual tour director on your tour.



### JENNIFER ROBERTS

#### Escorting tours for more than 20 years

Hi, I am Jennifer Roberts. I was born and raised near Vancouver, BC, and I am a traveler, adventurer, and lifelong learner. While backpacking around the world, I fell in love with wild places, new experiences, and fresh perspectives. I have spent years guiding guests through Canada, South America, and Antarctica. I have been a Tour Director with the Globus family since 2013, and I have traveled independently to over 75 countries on 7 continents. I am thrilled to share my love of the natural world with guests from all over the globe and looking forward to helping make your travel dreams come true!

Hand-Picked

## Hotels

After a day of traveling, you want to relax at a comfortable, clean, and attractive hotel. We select hotels with the best guestrooms (always with a private bathroom), service, and food for the money.

### VANCOUVER

#### Sandman Suites On Davie

1160 Davie Street Vancouver Canada

 First-Class

 WiFi

This hotel is located in downtown Vancouver in a neighborhood complete with local shops, lounges, restaurants, and close to English Bay as well as a Granville Market. The hotel includes Moxie's Grill & Bar, a spa, fitness center, swimming pool, and business center.

### Hotel Amenities

- Business Center
- Elevator
- Restaurant On-Site
- Currency Exchange
- Fitness Room
- Laundry Available
- Free WiFi
- Pool

### Room Features

- Coffee Maker
- Television
- Iron/Ironing Board
- Cable/Satellite
- Air Conditioning
- Desk
- Hair Dryer
- Internet Access
- Complimentary Toiletries

## KELOWNA

## Ramada By Wyndham Kelowna Hotel & Conference Centre

2170 Harvey Avenue Kelowna Canada

 First-Class

 WiFi

The Ramada Hotel & Conference Centre Kelowna offers 135 deluxe rooms and suites & over 6,750 square feet of meeting space. Our swimming pool, whirl pool and fitness facility are available for your enjoyment. We are proud to be 100% Non-Smoking.

### Hotel Amenities

- Fitness Room
- Elevator
- Free WiFi
- Pool
- ATM
- Restaurant On-Site
- Luggage Storage
- Bar/Lounge

### Room Features

- Coffee Maker
- Phone
- Hair Dryer
- Iron/Ironing Board
- Desk
- Television
- Mini-Bar
- In-Room Safe

- Room Service
- Climate Control
- Internet Access
- Air Conditioning

## BANFF NATIONAL PARK

### Banff Rocky Mountain Resort

1029 Banff Ave. Banff Canada

 First-Class

 WiFi

Hotel features indoor swimming pool, indoor and outdoor hot tub, tennis, pickleball, and squash courts, Mountain Health and fitness club, complimentary shuttle to downtown Banff, complimentary Wi-Fi, on-site laundry facilities and bike rentals.

#### Hotel Amenities

- Fitness Room
- Free WiFi
- Bar/Lounge
- Restaurant On-Site
- Pool
- Hot Tub

#### Room Features

- Coffee Maker
- Internet Access
- Television
- Cable/Satellite

### Banff Inn

501 Banff Ave Banff Canada

 SuperiorTourist-Class

 WiFi

All guest rooms are non-smoking and have complimentary wireless service, confidential voice mail and individually controlled air conditioning and heating. The Banff Inn offers modern hotel accommodations located on Banff Avenue, only minutes away from the downtown shops, restaurants and many of Banff's attractions. Centrally located sauna, steam room, and large Jacuzzi whirlpool.

#### Hotel Amenities

- Spa Services
- Restaurant On-Site
- Pool
- Business Center
- Free WiFi
- Hot Tub

#### Room Features

- Coffee Maker
- Internet Access
- Climate Control
- Television
- Cable/Satellite
- Air Conditioning

## JASPER NATIONAL PARK

### Lobstick Lodge

94 Geikie Street Jasper Canada

 First-Class

 WiFi

Lobstick Lodge is located in a secluded mountain setting near east end of town, 5 blocks from CNR station. Enjoy large open rooms with spectacular mountain views right outside your window.

#### Hotel Amenities

- Spa Services
- Fitness Room
- Elevator
- Concierge Desk
- Free WiFi
- Pool
- Bar/Lounge
- Business Center
- ATM
- Laundry Available
- Restaurant On-Site
- Currency Exchange
- Gift Shop
- Hot Tub

#### Room Features

- Coffee Maker
- Hair Dryer
- Iron/Ironing Board
- Internet Access
- Complimentary Toiletries
- Television
- Mini-Bar
- Room Service
- Cable/Satellite

## SUN PEAKS

### Sun Peaks Lodge

3180 Creekside Way Sun Peaks Canada

 ModerateFirst-Class

 WiFi

The Sun Peaks Lodge is conveniently located in the heart of the quaint village of Sun Peaks just steps away from the village shops & restaurants, the chairlift for skiing, hiking, biking, and the scenic 18-hole Sun Peaks Golf Course.

### Hotel Amenities

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- Business Center
- Laundry Available
- Restaurant On-Site
- Gift Shop
- Elevator
- Concierge Desk
- Free WiFi
- Bar/Lounge

### Room Features


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- Coffee Maker
- Hair Dryer
- Iron/Ironing Board
- Internet Access
- Climate Control
- Television
- Mini-Bar
- In-Room Safe
- Cable/Satellite
- Complimentary Toiletries

## WHISTLER

### Listel Whistler Hotel

4121 Village Green Whistler Canada

 SuperiorFirst-Class

 WiFi

This beautiful property is ideally located in downtown Whistler and offers guests a relaxing stay. The hotel features easy access to local surroundings, an outdoor pool, spa, business center, concierge service, and gift shop. All guestrooms are fully equipped with cable television, telephones, refrigerators, in-room safes, and coffeemakers.

### Hotel Amenities

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- ATM
- Laundry Available
- Restaurant On-Site
- Luggage Storage
- Elevator
- Concierge Desk
- Currency Exchange
- Bar/Lounge

### Room Features

---

- Coffee Maker
- Phone
- Hair Dryer
- In-Room Safe
- Cable/Satellite
- Complimentary Toiletries
- Desk
- Television
- Iron/Ironing Board
- Internet Access
- Climate Control
- Air Conditioning

## VICTORIA

## Royal Scot Hotel & Suites

425 Quebec Street Victoria Canada

 First-Class

 WiFi

Located in the center of downtown, the Royal Scot hotel & Suites is just a short walk to Victoria's famous Inner Harbour as well as shopping, dining, entertainment, and attractions. The hotel features an indoor pool, hot tub, fitness center, game room, concierge service, guest laundry, gift shop, business center, Internet access, restaurant, and lounge.

### Hotel Amenities

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- Fitness Room
- Laundry Available
- Restaurant On-Site
- Pool
- Bar/Lounge
- Elevator
- Concierge Desk
- Luggage Storage
- Gift Shop

### Room Features

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- Coffee Maker
- Television
- Cable/Satellite
- Complimentary Toiletries
- Desk
- Internet Access
- Climate Control